

Curriculum Vitae

Miguel Leal

FOOTBALL COACH



Summary

http://en.wikipedia.org/wiki/Miguel_Leal

<https://www.youtube.com/watch?v=gB1WMr2zBO0>

https://www.youtube.com/watch?v=C_1W3PrU8QM

<https://www.youtube.com/watch?v=EpgcKciBW2k>

Coach graduated with Level IV - PRO / UEFA and Graduation PRO UEFA.

Major clubs where he worked:

**Head Coach- Moreirense Futebol Clube
(Portuguese Premier League)**

**Head Coach - FC Marco
(Portuguese 2ND League)**

**Assistant Coach of Gaziantepspor,
(Turkish Premier League)**

**Assistant Coach of SC Braga
(Portuguese Premier League)**

Assistant Coach of Beira-Mar S. C. (Portuguese Premier League)

Assistant Coach of CF Belenenses (Portuguese Premier League)

Main Results:

Cup final at the service Leixões S. C. against Portugal Sporting CP

2nd League Champion Division FC Penafiel (2nd League)



1. IDENTIFICATION

NAME: António Miguel Nunes Ferraz Leal de Araújo

DATE OF BIRTH: 22 de April de 1965

NATIONALITY: Portuguese

B.I. N.º 7423800 * ISSUE: 25/06/2010 * **ARQ. DE IDENTIFICAÇÃO:** Porto



2. FOOTBALL

2.1. Coach

Coach graduated with Level IV - PRO / UEFA. Since June 8, 2001

Graduation UEFA PRO, June 2009

Clubs coached:

Season 2014/15

Head Coach of Moreirense Futebol Clube, Portuguese Premier League

- 8th ranked, Portuguese Premier League

Season 2010/14

Head Coach of FC Penafiel, 2nd League of the FPF

- Winner of the 2nd League

Season 2009/10

- Assistant Coach of Gaziantepspor, Turkcell Super Lig (1st professional league Turkish)

- 12th ranked

Season 2008/09

- Head Coach of FC Penafiel, 2nd Division of the FPF
 - 2nd ranked, rising division

Season 2007/08

- Head Coach of the FCA Lordelo, 2th Division of the FPF
 - 2nd ranked, rising division

Season 2006/07

- Assistant Coach of SC Braga, Professional 1st League
- Assistant Coach of Beira-Mar, Professional 1st League

Season 2005/06

- Head Coach of the U.S. Paredes, 2nd Division of the FPF
- Assistant Coach of Belenenses FC,, Professional 1st League

Season 2004/05

- Head Coach of the Under-16, Department of Youth FC Porto

2003/04 season

- Head Coach of FC Penafiel, Professional 2nd League
 - 2nd ranked, rising division

2002/03 season

- Coordinator of the Department of Youth FC Penafiel and Coach of the Under 19 until December.
- Head Coach of FC Marco, professional 2nd league

Season 2001/02

- Assistant Coach Leixões , 2nd Division National PFF.
 - Finalist of the Cup of Portugal, 2nd Ranked

3. EDUCATION

- **Doctorate in Health Psychology , Universidad Miguel Hernandez.**

- **Diploma of Advanced Studies in the area of Health Psychology, Universidad Miguel Hernandez. Alicante, Spain, in 2008.**

- **Master of Science in Sport in the area of specialization in Training High-Performance, the Faculty of Sport Sciences and Physical Education, University of Porto, on 18 January 1999.**

- **Degree in Teaching Physical Education, the additional option of Sport Performance in the Faculty of Sport Sciences and Physical Education at the University of Porto, in 1991.**

4. BOOKS PUBLISHED

* **Leal, M. & Quinta, R. (2001). The Training in Football - A Design for Training. Edited by APPACM Braga.**

Tradução de Português para Inglês

5. PUBLISHED WORKS

Leal, M. (1999). Congruence between the game model of the coach and the team game played. The Counter-attack, a case study. Master Thesis, FCDEF-UP.

* **Leal, M. & Garganta, J. (2002). The game model the game played the coach for the team. A study on the counterattack, high performance in soccer. In Research in football. Academic studies (2002). Editors Julius Throat, Antonio A. Carlos Suarez L. Feathers. Publisher FCDEF-UP.**

* **Leal, M. (2001). The Counter-attack, High Performance in Soccer. Training Magazine, 6, 20-27.**

* **Leal, M. (2011). The training of players in Portugal. Scientific Training Magazine, 1, 10-11.**

6.2. Teacher

Teacher of the courses I and Level II Coaches Football conducted by the Football Association of Aveiro, Vila Real, Viana do Castelo and Porto since 1998.

7. LANGUAGES

- Knowledge oral and written Portuguese language
- Knowledge oral and written French language

- Knowledge oral and written English language
- Knowledge oral and written Spanish language
- Understanding Italian and Turkish.